

12to16 Junior Leaders Cheer



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12-16 Junior Coach Cheer - Sheffield

Start Date: 5/2/2020 10:00 AM

End Date: 5/2/2020 4:00 PM

This course is designed for athletes aged 12-16 who are, or are aspiring to be, the future leaders of our sport. This course will introduce them to the skill sets they will need to learn and grow in order to become successful coaches. This course covers warm ups, cool downs, games, safety and selected level 1 building and tumbling skills.

Location(s)

Sheffield - CMA
Cheerleading, Unit 5&6,
Sheaf Gardens, Duchess
Rd, Sheffield S2 4BB