

12to16 Junior Leaders Cheer



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## 12-16 Junior Coach Cheer - Nottingham

**Start Date: 8/14/2020 10:00 AM**

**End Date: 8/14/2020 4:00 PM**

This course is designed for athletes aged 12-16 who are, or are aspiring to be, the future leaders of our sport. This course will introduce them to the skill sets they will need to learn and grow in order to become successful coaches. This course covers warm ups, cool downs, games, safety and selected level 1 building and tumbling skills.

### Location(s)

Nottingham - EMCA  
Gym, 23 Handel Street,  
Nottingham, NG3 1JE  
EMCA Gym  
23 Handel Street  
Nottingham  
NG3 1JE  
United Kingdom