

1 day intensive Level 1&2

Please note: this course is for age 16yrs plus and coaches must have had previous cheer experience to enrol



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BGU Cheerleading Levels 1&2 - 1DAY

Start Date: 12/8/2019 9:00 AM

End Date: 12/8/2019 6:00 PM

BGU Levels 1-2 is perfect for someone wanting to start cheerleading, coaches with 0 to 3 years experience or anyone who would like a refresher in training cheerleading athletes at IASF levels 1 & 2 (i.e coaches who are taking on level 1 & 2 teams for the first time or working with younger athletes).

Location(s)

Wishaw - Cosmic Flame
Cheerleading Gym, 53/55
Roberts Street, MK2 7JF