



BGU Tumbling Experience - BGU

Start Date: Sun, 23 Jun 2019 10:00:00

GMT

End Date: Sun, 23 Jun 2019 13:00:00 GMT

Open to ATHLETES (& Coaches) - Athlete based training working drills & skills. Coaches can attend with or without athletes and take notes. Great if coaches do not yet have athletes at this level but as a coach you are wanting to increase your knowledge. (Athletes do not need to have a coach in attendance, minimum age 8 years of age)

Levels 1-2 – 9.30am-1.00pm – (3hrs) – (35.00)

Please note if BGU instructor does not feel the athlete is ready for a skill they will not proceed with higher levels. Refunds will not be given. If you are unsure of your level, please contact us to discuss - +44 (0) 208 669 3733)

Location(s)

Gloucester - GCA Gym,
Unit 25 Morelands
Trading Estate, Bristol Rd,
Gloucester, GL1 5RZ
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